

# Papaki Kore no Smacking

If looking after kids is getting on top of you, here are six simple steps you can take to encourage good behaviour in ririki\*



## **STOP** Kaua Ka

Take a breather. Calm *yourself* down.



## **GO** Ha e r e

Make sure your child is safe. Then walk away.



## **IGNORE** e Hur I Ke

Let annoying behaviour go if everyone is safe



## **DISTRACT** Me wHa Ka wa r e

Distract your child with another activity or remove them from that place.

## **PRAISE** wHa Ka MIHla

Be positive. Encourage good or positive behaviour with smiles, hugs and lots of praise.

## **ENJOY** Kla nga Ha u

Use play, singing, games and toys to change behaviour.

\* Ririki is lifted from a famous Ngati Porou haka and means 'young ones'. We use the term to describe Maori children and young people. Unlike the more commonly-used word tamariki, ririki is not gender specific.