STOP  h\^r  \^h^  
Take a breather. Calm *yourself* down.

GO  e ^bob  
Make sure your child is safe. Then walk away.

IGNORE  b\^r  of\^b  
Let annoying behaviour go if everyone is safe

DISTRACT  j \^b\^t  \^ob  
Distract your child with another activity or remove them from that place.

PRAISE  t \^h\^j  \^ef\^  
Be positive. Encourage good or positive behaviour with smiles, hugs and lots of praise.

ENJOY  h\^f\^k\^d\^e\^  
Use play, singing, games and toys to change behaviour.

* Ririki is lifted from a famous Ngati Porou haka and means 'young ones'. We use the term to describe Maori children and young people. Unlike the more commonly-used word tamariki, ririki is not gender specific.